

## What do people say about my coaching?

- "You get me..."
- "You were very supportive, yet also challenged me to think about new things"
- "Your coaching sometimes reinforced my thinking and at others gave me a sensitive challenge"
- "The best thing I have ever done in my development"
- "Coaching with you has changed my life"
- "I come away from coaching energized... being able to take away the things that I need to change"
- "I have loved the reflective space just for me and its amazing what comes from reflecting"